## Major in Health Promotion - Bachelor of Science

| University Requirements:  |           |   |
|---|-----------|---|
| See University General Requirements for Baccalaureate degrees (p. 40)   |           |   |
| First Year Making Connections Course:   | Sem. Hrs. |   |
| HPES 1013, Introduction to HPESS (Making Connections)   | 3         |   |
| General Education Requirements:   | Sem. Hrs. |   |
| See General Education Curriculum for Baccalaureate degrees (p. 83)  | 35        | ٦ |
| <b>Students with this major must take the following:</b><br>MATH 1023, College Algebra or MATH course that requires MATH 1023 as a<br>prerequisite<br>COMS 1203, Oral Communication (Required Departmental Gen. Ed. Option) |           |   |
| Major Requirements:   | Sem. Hrs. |   |
| Grade of "C" or better required for all Major Requirements  |           |   |
| BIO 2203 AND 2201, Human Anatomy and Physiology I and Laboratory  | 4         |   |
| BIO 2223 AND 2221, Human Anatomy and Physiology II and Laboratory   | 4         |   |
| CIT 1503, Microcomputer Applications  | 3         |   |
| ES 3543, Human Anatomy and Anatomic Fundamentals of Motion  | 3         |   |
| ES 3553, Basic Physiology of Activity   | 3         |   |
| ES 3623, Techniques of Physiological Fitness Assessment   | 3         |   |
| ES 3653, Techniques of Aerobic Conditioning   | 3         |   |
| ES 4693, Techniques of Strength Training and Conditioning   | 3         |   |
| GCOM 3673, Desktop Publishing & Publication Design  | 3         |   |
| HLTH 2513, Principles of Personal Health  | 3         |   |
| HLTH 2523, First Aid and Safety   | 3         |   |
| HLTH 3523, Public and Community Health  | 3         |   |

| HLTH 3533, Strategies for Teaching Health Education   | 3         |  |
|---|-----------|--|
| HLTH 3563, Human Sexuality  | 3         |  |
| HLTH 4513, Consumer Health  | 3         |  |
| HLTH 4523, Current Issues in Health   | 3         |  |
| HLTH 4543, Drug Use and Abuse   | 3         |  |
| HLTH 4633, Health Promotion Assessment and Planning   | 3         |  |
| HLTH 4643, Health Promotion Implementation and Evaluation   | 3         |  |
| HPES 1883, Foundations of HPESS<br>Must be completed ONLY if HPES 1013 is not completed as the First Year Making<br>Connections Course. | 0-3       |  |
| HPES 4896, Internship in HPESS <b>OR</b><br>HPES 4863, Internship in HPESS I <b>AND</b> HPES 4893, Internship in HPESS II               | 6         |  |
| HP 2013, Medical Terminology  | 3         |  |
| NS 2203, Basic Human Nutrition  | 3         |  |
| NRS 3353, Aging and the Older Adult <b>OR</b><br>SOC 4353, Sociology of Aging   | 3         |  |
| PE 1002, Concepts of Fitness  | 2         |  |
| Sub-total   | 76-79     |  |
| Electives:  | Sem. Hrs. |  |
| Electives   | 3-6       |  |
| Total Required Hours:   | 120       |  |